

wer unterrichtet welche Klassen: **September 2019**

Montag – Freitag: Morgens: Openingchant um 7:00 Uhr  
Abends: das Studio öffnet um 18 Uhr, Openingchant um 18:30 Uhr



**KW 36. 2. – 8. September**

Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag
7 - 10 Mysore Gigi	7 - 10 Mysore Andrea/Katy	7 - 10 Mysore Andrea/Dragos	7 - 10 Mysore Andrea/Astrid	7 - 9 Mysore Andrea/Gigi	08:00 Mysore Andrea/Dragos	08:00 Led Class Andrea
				09:30 <i>Mysore Nancy</i>	10:00 <i>Mysore Nancy</i>	10:00 <i>Mysore Nancy</i>
18:30–20:30 Mysore Astrid	18:30–20:30 Mysore Astrid	18:30–20:30 Mysore Cathrin	18:30–20:30 Mysore Cathrin	18:30–20:30 Mysore Johanna		17:30 Mysore Johanna

**KW 37. 9. – 15. September**

Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag
7 - 9 Mysore Gigi	7 - 9 Mysore Andrea/Katy	7 - 10 Mysore Andrea/Dragos	7 - 10 Mysore Andrea/Astrid	7 - 10 Mysore Cathrin/Gigi	○ <b>Full Moon</b>	08:00 Led Class Andrea
09:30 <i>Mysore Nancy</i>	09:30 <i>Mysore Nancy</i>		10:00 <i>Clinic Nancy</i>	10:00 <i>Clinic Nancy</i>	10:00 <i>Moonpractice</i> Andrea	10:00 <i>Clinic Nancy</i>
					13:00 <i>Clinic Nancy</i>	
18:30–20:30 Mysore Astrid	18:30–20:30 Mysore Johanna	18:30–20:30 Mysore Cathrin	18:30–20:30 Mysore Astrid	18:30–20:30 Mysore Astrid		17:30 Mysore Cathrin

**KW 38. 16. – 22. September**

Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag
7 - 10 Mysore Gigi	7 - 10 Mysore Andrea/Katy	7 - 10 Mysore Cathrin/Gigi	7 - 10 Mysore Dragos/Katy	7 - 10 Mysore Gigi		9:15 – 9:45 Zazen
10:00 <i>Clinic Nancy</i>					10:00 Mysore Johanna/ Dragos	10:00 Led Class Johanna
18:30–20:30 Mysore Cathrin	18:30–20:30 Mysore Cathrin	18:30–20:30 Mysore Cathrin	18:30–20:30 Mysore Gigi	18:30–20:30 Mysore Johanna		17:30 Mysore Johanna

**KW 39. 23. -29. September**

Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag
7 - 10 Mysore Gigi	7 - 10 Mysore Johanna/Katy	7 - 10 Mysore Johanna /Dragos	7 - 10 Mysore Cathrin/Gigi	7 - 10 Mysore Cathrin/Katy	● <b>new moon</b>	9:15 – 9:45 Zazen
					10:00 <i>Moonpractice</i> Cathrin	10:00 Led Class Cathrin
18:30–20:30 Mysore Johanna	18:30–20:30 Mysore Johanna	18:30–20:30 Mysore Cathrin	18:30–20:30 Mysore Cathrin	18:30–20:30 Mysore Cathrin		17:30 Mysore Gigi