

wer unterrichtet welche Klassen: **Mai 2019**

Montag – Freitag: Morgens: Openingchant um 7:00 Uhr  
Abends: das Studio öffnet um 18 Uhr, Openingchant um 18:30 Uhr



**KW 18.** 29. April – 5. Mai

Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag
		<b>1.Mai</b>				
7 - 10 Mysore Gigi	7 - 10 Mysore Andrea/Katy		7 - 10 Mysore Andrea/Astrid	7 - 10 Mysore Andrea/Gigi		● <b>new moon</b>
		10:00 Mysore Andrea/Cathrin			10:00 Mysore Andrea/Astrid	10:00 Moonpractice Cathrin
18:30-20:30 Mysore Astrid	18:30-20:30 Mysore Cathrin	14:00 – 17:30 <i>Workshop</i> Andrea	18:30-20:30 Mysore Cathrin	18:30-20:30 Mysore Astrid		

**KW 19.** 6. – 12. Mai

Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag
7 - 10 Mysore Gigi	7 - 10 Mysore Cathrin/Gigi	7 - 10 Mysore Cathrin/Dragos	7 - 10 Mysore Cathrin/Astrid	7 - 10 Mysore Gigi/Katy		9:15 – 9:45 Zazen
					10:00 Mysore Cathrin/Dragos	10:00 Led Class Cathrin
18:30-20:30 Mysore Cathrin	18:30-20:30 Mysore Cathrin	18:30-20:30 Mysore Astrid	18:30-20:30 Mysore Astrid	18:30-20:30 Mysore Astrid		17:30 Mysore Gigi

**KW 20.** 13. – 19. Mai

Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag
7 - 10 Mysore Gigi	7 - 10 Mysore Cathrin/Gigi	7 - 10 Mysore Cathrin/Dragos	7 - 10 Mysore Cathrin	7 - 10 Mysore Gigi	○ <b>Full Moon</b>	9:15 – 9:45 Zazen
					10:00 Moonpractice Cathrin	10:00 Led Class Cathrin
18:30-20:30 Mysore Cathrin	18:30-20:30 Mysore Cathrin	18:30-20:30 Mysore Gigi	18:30-20:30 Mysore Cathrin	18:30-20:30 Mysore Cathrin		17:30 Mysore Astrid

**KW 21.** 20. – 26. Mai

Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag
7 - 10 Mysore Astrid	7 - 10 Mysore Cathrin/Astrid	7 - 10 Mysore Cathrin/Astrid	7 - 10 Mysore Cathrin/Astrid	7 - 10 Mysore Cathrin		9:15 – 9:45 Zazen
					10:00 Mysore Cathrin /Astrid	10:00 Led Class Cathrin
18:30-20:30 Mysore Astrid	18:30-20:30 Mysore Cathrin	18:30-20:30 Mysore Astrid	18:30-20:30 Mysore Cathrin	18:30-20:30 Mysore Astrid	<i>17 Uhr</i> <i>Hatha Yoga</i> Cathrin	17:30 Mysore Gigi

**KW 20.** 27. Mai – 2. Juni

<b>Montag</b>	<b>Dienstag</b>	<b>Mittwoch</b>	<b>Donnerstag</b>	<b>Freitag</b>	<b>Samstag</b>	<b>Sonntag</b>
7 - 10 Mysore Gigi	7 - 10 Mysore Cathrin/Katy	7 - 10 Mysore Cathrin/Dragos	Christi Himmelfahrt	7 - 10 Mysore Cathrin/Gigi		9:15 – 9:45 Zazen
			10:00 Mysore Cathrin /Astrid		10:00 Mysore Andrea/Dragos	10:00 Led Class Andrea
18:30–20:30 Mysore Astrid	18:30–20:30 Mysore Cathrin	18:30–20:30 Mysore Cathrin	No class	18:30–20:30 Mysore Astrid		17:30 Mysore Cathrin