

wer unterrichtet welche Klassen: **Juni 2019**

Montag – Freitag: Morgens: Openingchant um 7:00 Uhr
Abends: das Studio öffnet um 18 Uhr, Openingchant um 18:30 Uhr



KW 23. 3. – 9. Juni

Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag
● new moon	7 - 10 Mysore Andrea/Gigi	7 - 10 Mysore Andrea/Dragos	7 - 10 Mysore Andrea/Astrid	7 - 10 Mysore Gigi		9:15 – 9:45 Zazen
					10:00 Mysore Astrid/Katy	10:00 Led Class Dragos
18:30 Moonpractice Andrea	18:30–20:30 Mysore Astrid	18:30–20:30 Mysore Astrid	18:30–20:30 Mysore Astrid	18:30–20:30 Mysore Katy		17:30 Mysore Gigi

KW 24. 10. – 16. Juni

Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag
Pfingsten	7 - 10 Mysore Andrea/ Johanna	7 - 10 Mysore Andrea/ Johanna	7 - 10 Mysore Andrea/Astrid	7 - 10 Mysore Johanna/Gigi		9:15 – 9:45 Zazen
10:00 Mysore Astrid/Katy					10:00 Mysore Johanna/Katy	10:00 Led Class Dragos
	18:30–20:30 Mysore Johanna*	18:30–20:30 Mysore Astrid	18:30–20:30 Mysore Johanna	18:30–20:30 Mysore Johanna		17:30 Mysore Astrid

KW 25. 17. – 23. Juni

Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag
○ Full Moon	7 - 10 Mysore Andrea/Katy	7 - 10 Mysore Andrea/Dragos	7 - 10 Mysore Andrea/Astrid	7 - 10 Mysore Andrea/Gigi		9:15 – 9:45 Zazen
					10:00 Mysore Andrea /Dragos	10:00 Led Class Cathrin
18:30 Moonpractice Andrea	18:30–20:30 Mysore Astrid	18:30–20:30 Mysore Cathrin	18:30–20:30 Mysore Astrid	18:30–20:30 Mysore Cathrin	17 Uhr Hatha Yoga Cathrin	17:30 Mysore Cathrin

KW 26. 24. – 30. Juni

Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag
7 - 10 Mysore Gigi	7 - 10 Mysore Andrea/Katy	7 - 10 Mysore Cathrin/Dragos	7 - 10 Mysore Andrea/Astrid	7 - 10 Mysore Andrea/Gigi		9:15 – 9:45 Zazen
					10:00 Mysore Andrea/Dragos	10:00 Led Class Andrea
18:30–20:30 Mysore Astrid	18:30–20:30 Mysore Andrea	18:30–20:30 Mysore Cathrin	18:30–20:30 Mysore Astrid	18:30–20:30 Mysore Astrid		17:30 Mysore Astrid

*we are happy to announce that Johanna Chemnitz will be with us as a guest teacher, she was teaching for many years in the Studio and is now living and teaching in Kopenhagen. johannachemnitz.com