



wer unterrichtet welche Klassen: **Oktober 2017**

Montag – Freitag öffnet das Studio: Morgens: 7 Uhr, Openingchant: 7:15 Uhr
Abends: 18 Uhr, Openingchant: 18:30 Uhr

KW 40. 2. – 8. Oktober

Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag
7 - 10 Mysore Gigi	Tag der deutschen Einheit	7 - 10 Mysore Andrea/Dragos	○ Full Moon	7 - 10 Mysore Astrid/Katy		9:15 – 9:45 Zazen
	10 Mysore Andrea/Gigi				10 Mysore Andrea/Dragos	10 Led Class Andrea
18:30-20:30 Mysore Astrid	No class !	18:30 – 20:30 Mysore Astrid	18:30 Moonpractice Andrea	18:30 – 20:30 Mysore Gigi		17:30 Mysore Astrid

KW 41. 9. – 15. Oktober

Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag
	6:30-7 Zazen		6:30-7 Zazen			
7 - 10 Mysore Gigi	7 - 10 Mysore Andrea/Gigi	7 - 10 Mysore Andrea/Dragos	7 - 10 Mysore Andrea/Marie	7 - 10 Mysore Astrid/Katy		9:15 – 9:45 Zazen
					10 Mysore Andrea/Astrid	10 Led Class Andrea
					Basic Workshop	Basic Workshop
18:30-20:30 Mysore Astrid	18:30 – 20:30 Mysore Andrea	18:30 – 20:30 Mysore Astrid	18:30 – 20:30 Mysore Andrea	18:30 – 20:30 Mysore Astrid		17:30 Mysore Astrid

KW 42. 16. – 22. Oktober

Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag
	6:30-7 Zazen					
7 - 10 Mysore Astrid	7 - 10 Mysore Andrea/Gigi	7 - 10 Mysore Andrea/Gigi	● new moon	7 - 10 Mysore Andrea/Katy		9:15 – 9:45 Zazen
					10 Mysore Andrea/ Dragos	10 Led Class Andrea
18:30-20:30 Mysore Astrid	18:30 – 20:30 Mysore Andrea	18:30 – 20:30 Mysore Marie	18:30 Moonpractice Andrea	18:30-20:30 Mysore Gigi		17:30 Mysore Gigi

KW 43. 23. – 29. Oktober

Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag
	6:30-7 Zazen		6:30-7 Zazen			
7 - 10 Mysore Gigi	7 - 10 Mysore Andrea/Gigi	7 - 10 Mysore Andrea/Dragos	7 - 10 Mysore Andrea/Marie	7 - 10 Mysore Andrea/Katy		9:15 – 9:45 Zazen
					10 Mysore Andrea/Dragos	10 Led Class Andrea
18:30-20:30 Mysore Marie	18:30 – 20:30 Mysore Andrea	18:30 – 20:30 Mysore Marie	18:30 – 20:30 Mysore Andrea	18:30 – 20:30 Mysore Gigi		17:30 Mysore Gigi